

MINUTES



Leech Lake Twin Cities Local Indian Council Meeting

Minnesota Indian Women's Resource Center
2300 13th Avenue Minneapolis, MN 55404
October 30, 2018 5:30-8pm

Agenda

1. Roll Call: NO QUORUM
2. Call Meeting to Order at 5:59pm

Old Business

3. By-Laws Update

- Current By-Laws were created in 1992.
- By-Laws are something a non-profit does and should be looked at least every other year.

- When Carrie Jones was the chairperson, there was an opportunity to update by-laws and a template was sent to all the LICs.
- We are currently updating the Twin Cities Local Indian Council By-Laws.
- After completing the by-laws, we will begin looking at the budget. We used money that was left over from last year and bought gift cards for Cub Foods and Famous Dave's. We plan to do some fundraising because we want to have some events.
- Carrie Day Aspinwall brought up a concern: How long do we do engagement with band members to read it over.
- We are hoping for feedback through our Facebook page: <https://www.facebook.com/LLTCLIC/>
- We have 5000 Band Members in the Twin Cities.

New Business

ADDED: Stephanie Devich from Valhalla Place, Harm Reduction Specialist

- Minneapolis's heroin supply is extra potent.
- Pink heroin is a synthetic heroin and extremely potent. U-47700 or Pink Death.
- Fentanyl (different from U-47700) has been found in crack cocaine, heroin, Xanax bars and other drugs.
- Opiate high includes scratching, nodding out, slurring, slowing speech and pinpoint pupils and droopy facial muscles.

Roll Call:

Term ends June 2019

ex	Lisa Bellanger
ex	Jean Howard
X	Shannon Nordby
ex	Diana Sanders
X	Avery Wind

Term ends 2020

X	Carrie Day Aspinwall
ex	Valerie Larsen

Attendance: approximately 21 band members + 3 LIC + 1 RTC
Door prize winners: Diane Grooms won a pound of wild rice and D Rojas won a \$50 Cub gift card.

A special miigwech to Steve White for bringing 4 pounds of wild rice, which were won by Elisa Mason, Marlene Hoff, Derek Beauchamp, and Verna Strub

- If you think someone is overdosing, do a sternum rub, pinch under arm, shoulder blade, pressure point behind ear and cause a little bit of pain to get the person to respond.
- Call 911. Steven's Law you will not get in trouble if not breathing not responding. The person will not get in trouble for having drugs, paraphernalia or even if that person is on parole. Then administer Narcan as Stephanie trained us.
- The only thing Narcan works on is opiates. It does not work on anything else. But Narcan will not hurt you should you give it to someone overdosing on a different substance.

4. Open Discussion from the Floor – Please share questions, concerns relevant to the Twin City Area.

- No one took the floor.

5. Tribal Council

a) Chairperson

- Not present

b) District 1

- Not present

c) District 2

- TEC MEETING CONSTITUTIONAL REFORM
- Allowed 10 Delegates – may be paid
- Town Hall Meeting – to try and get more people involved.
- We want Twin Cities Band Members to be involved in constitutional reform.
- Carrie will call Gordon or Robbie.
- New Palace Casino construction is going good. Laurie Harper working with TERO has 75% Native workers.
- Old Palace plans still undecided – possibly college students and homeless.
- Carrie Day Aspinwall brought up the idea that Leech Lake RTC is highly encouraged to buy a building. Steve White asked Carrie to text him to remind him to bring it up at the next RTC meeting.
- Steve's office plans to bring wild rice each month for LIC!
- Juanita Rojas asked about Christmas checks. They will be distributed about the second week in December.

d) District 3

- Not present

Handouts:

- September 2018 Minutes
- Draft By-Laws

e) Secretary Treasurer

- Not present

6. Reports – Please share information relevant to the Twin Cities Area.

a) LIC

b) TCO

- 10am-6pm November 1st Tribal IDs at the office
- November 16th gift card distribution 7am-6:30pm
- TCO is all set up to sell wild rice! Band Members are able to buy 2 pounds per week at \$8-10 per pound.
- Administrative Assistant was hired.
- The Toys for Tots deadline is November 15th and distribution date isn't planned yet.

c) TCO Elder Advocate

- The elders Xmas party's location is undecided; it may be in Twin Cities and it may be up north.

d) ICWA – Cheyenne Kingbird

- Cheyenne shared updates on numbers of children in foster care.
- Cheyenne encouraged families to become foster families.
- Carrie Day Aspinwall asked Cheyenne to get Upper Midwest to come over and get some training on how to become a foster family, including discussing on how to deal with possible barriers.
- There was an okay for funding for furniture and toy items for the visitation room.

Next Meeting/LIC Endorsed Events:

- November 27, 2018, 5:30-8 pm *Leech Lake Twin Cities Local Indian Council Meeting*
Minnesota Indian Women's Resource Center
2300 15th Avenue South | Minneapolis, MN | 55404

Adjourned approximately 7:51 pm
Respectfully Submitted,



Twin Cities Local Indian Council Secretary/Treasurer